

2012 Pure Sky Vault Camp

Pure Sky Vault will be holding camp in February.

The camp will be held on February 25th & 26th, 2012

Cost is \$120 per Participant Deposit \$50 due Feb. 20th Late fee \$20

FREE for Coaches!!

Make check out to Robert Tilley

Send Information sheet, check and Pole Vault waiver (if applicable) to:

Robert Tilley
Pure Sky Vaulting
303 N. Racetrack Rd.
Henderson, NV 89015

Camp Schedule

Saturday, Feb. 26

Check in is from 7:30 – 8:00 AM
Camp will run from 8:00 – 4:00 PM
(1 Hr. Lunch Break on your own)

- * Intro of Coaches
- * Rules of camp
- * Safety
- * Approaches
- * Gymnastics
- * Plyometrics
- * Season training

Things to bring to camp:

- * Pole
- * Notebook with pen
- * Sweats
- * Towel

Sunday, Feb. 27

Coaches meet from 8:00 – 9:00 AM
Camp will run from 9:00 – 3:00 PM
(1 Hr. Lunch Break on your own)

- * Review of Sat. material
- * Running Form
- * Approach
- * Vault/jump Drills
- * Full run vaulting
- * Full approach jumps
- * Video

- * Money for lunch & snacks
- * Tape

Directions to Camp:

303 Racetrack Road, Henderson, NV 89015

***** Any questions, please contact Robert Tilley at 702-565-7547

2012 Pure Sky Vaulting Camp Registration Form:

This form must be completed and submitted with payment before you will be allowed to participate.

Name: _____

Male: _____ Female: _____

Camp Dates: Feb. 25 & 26, 2012

Email address: _____

Home Address: _____

City/State: _____

Zip: _____

Parents' Name: _____

Home Phone: _____

Athlete's Cell Phone: _____

Emergency Phone and Contact Person: _____

Age: _____ Date of Birth: _____

HS Graduation Year: _____

School Name: _____

School Coach: _____

What is your PR (personal record): _____

Informed Consent and Release

I hereby grant permission for myself / child to attend Pure Sky Vault Club or camps. I verify that I / my child has had a physical exam in the past year and is capable to participate in the activities related to pole vaulting. I agree to indemnify, hold harmless, and defend all coaches and staff of Pure Sky Athletics, USA Track and Field, Pure Sky Athletics, their agents, employees and sponsors from any and all liability for injury to myself and/or my child. I understand that track and field, and in particular pole vaulting and many of its related activities are potentially dangerous and could pose risk of injury. Should medical attention be necessary, I hereby authorize any physician or trainer selected by the club personnel to conduct medical or surgical procedures. In addition, I hereby grant permission for Pure Sky Athletics to use any photographs or videotape of club related activities for the purpose of advertising or educational materials development. I HAVE READ AND UNDERSTOOD, AND AGREE WITH THE INFORMED CONSENT AND RELEASE OUTLINED AS IT RELATES TO MYSELF/SON/DAUGHTER.

Participant Signature: _____

Parent / Guardian Signature: _____