

Who are the coaches?

Greg Hull... coaches the elite vaulters for Sky Athletics. He has had athletes in the past three Olympic Games including the 2000 Gold Medalists Stacy Dragila and Nick Hysong. Coach Hull is in his 36th year of coaching vault camps, and is currently serving as Senior Coach for USA Track & Field Olympic Development for the pole vault. A **USATF Master Coach**, Greg has been successful at the high school, junior college, university, and international levels, including work at both Arizona State and Northern Arizona Universities. Currently he is the premier speaker at coaching clinics throughout the country.

Todd Lehman... directs the Youth, High School, Collegiate, and Masters vaulters at Sky Athletics. He is the Regional Director of the Canyon Region for USA Track & Field Olympic Development in the pole vault. He was named the **2003 National Collegiate Pole Vault Coach of the Year**. As Head Coach at Paradise Valley Community College, he has produced twenty-two JC National Champions and twelve JC National Records since 1999. Lehman is a USATF Level II Certified Coach, and has spent time coaching at the United States Air Force Academy and Indiana State University.

Mark Hilliker... has served as co-director of the Kiss the Sky Vault camps since 1994. He has coached the jumpers at Westwood High School to numerous individual and team state titles. Coach Hilliker has led many pole vaulters over the sixteen-foot mark.

Robert Tilley... is the **2003 National High School Coach of the Year** from Green Valley High School in Las Vegas. Coach Tilley conducts his own camps in Las Vegas, and runs the Pure Sky vault club in the Las Vegas area, and has one of the most successful vault programs in the Southwest.

Jeff Guy... is the **2001 National High School Coach of the Year** from Desert Vista High School. Jeff's vaulters have won multiple state titles, and he leads arguably the top HS vault program in the country. Coach Guy also runs the very successful Ultimate High Vault club in Tempe. Jeff is a USATF Level II certified coach.

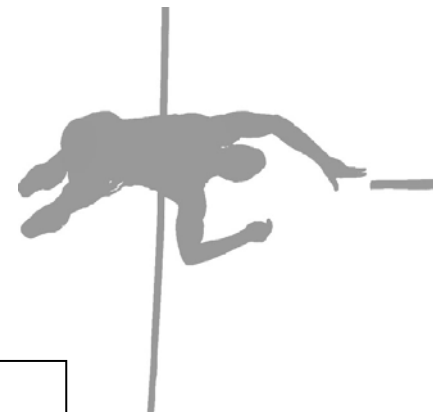
Joe Sullivan... coaches the jumps at Mesa Mountain View, where he has coached two state records in the pole vault and had multiple state champions. He has coached a number of top male and female vaulters in the state and brings a lot of positive energy to the sport.

Dason Phelps... is the NJCAA record holder and the only JUCO vaulter to ever jump over 18'. He has a personal best of 18'3" and is an excellent technician. DP has a great capacity for sharing his skills with young vaulters and shares an enthusiasm that is infectious.

We will have a number of collegiate vaulters on staff as well. Each lead coach will be assisted by at least one other staff counselor for each session.



NICK HYSONG



2010 Summer Camp

June 13th – 17th

Cost: \$490.00
Day Camper: \$390.00
Coaches Fee: \$390.00
Deposit: \$200.00
(NON REFUNDABLE Deposit due May 15th)

A **Late Fee of \$50.00** will be charged to all campers enrolling after deposits are due May 15th. Fees include all instruction, insurance, t-shirt, room and board, and training cd-rom. Registration and all deposits should be paid for on-line at www.skyathletics.com.

Camp Format

Come join us in the cool pines at Camp Tontozona in Northern Arizona for our **36th Annual Summer Vault Camp**. Enjoy the mild summer days in the high altitude of Northern Arizona while you learn what it takes to become a better vaulter. Each summer the best pole vaulters in the Southwest join each other to learn, compete, and push each other to new boundaries. Campers will experience this sense of camaraderie while achieving higher heights at this week-long camp. Skill testing, new drills and training techniques in addition to plenty of jumping opportunities on multiple pits are just some of the camp's many highlights. Participants will also benefit from a low coach to athlete ratio, receiving individual instruction from the best coaching staff in the United States. Camp staff will share the progressions and techniques that took Stacy Dragila, Nick Hysong and Melissa Mueller to the Olympic Games. Days will consist of two vault sessions with recreation/rest time built into the schedule. Evenings will be filled with lectures, activities and free time. Learn what it will take for you to improve your vaulting. Whether fine tuning your skills or learning how to pole vault for the very first time, this camp will fit your needs. Don't miss out on this great opportunity.

"Kiss the Sky Pole Vault Camps are the best camps I have ever attended."

Nick Hysong - 2000 Olympic Gold Medalist

Kiss the Sky Vault Camps
11024 North 35th Street
Phoenix, Arizona 85028
(602) 821-3771
jump@skyathletics.com

2010 Summer Camp Informed Consent and Release

Note: This is not a registration form. All registration will be done online at www.skyathletics.com

Name _____

Mother's Name _____

Mother's Cell (_____) _____

Father's Name _____

Father's Cell (_____) _____

Home Phone (_____) _____

Emergency Phone (_____) _____



STACY DRAGILA

This form must be completed and submitted with payment before you will be allowed to participate.

I hereby grant permission for myself / child to attend Kiss the Sky Vault Camps (KTSVC). I verify that I / my child has had a physical exam in the past year and is capable to participate in the activities related to pole vaulting. I agree to indemnify, hold harmless, and defend Greg Hull, Todd Lehman, KTSVC, USA Track and Field, Paradise Valley College, Maricopa Community Colleges, Arizona State University, Camp Tontozona, their agents, employees and sponsors from any and all liability for injury to myself and / or my child, as well as any damage caused by myself and or my child. I understand that track and field, in particular pole vaulting, and many other activities related to KTSVC are potentially dangerous and could pose risk of injury. Should medical attention be necessary, I hereby authorize any physician or trainer selected by club personnel to conduct medical or surgical procedures. In addition, I hereby grant permission for Kiss the Sky to use any photographs or videotape of club related activities for the purpose of advertising or educational materials development.

I HAVE READ AND UNDERSTOOD, AND I AGREE WITH THE INFORMED
CONSENT AND RELEASE OUTLINED AS IT RELATES TO MY
SELF/SON/DAUGHTER.

Participant signature _____

Parent / Guardian signature _____

How do I register?

All registration will be done at www.skyathletics.com

Who can participate?

All male and female athletes age 10 and up are eligible to participate. This is the perfect environment for athletes who have never vaulted before to learn the proper technical progressions.

What are the accommodations?

Campers will be staying in dorms and cabins at Camp Tontozona. Boys and Girls will be housed in separate areas. Campers will have 24-hour supervision by counselors and staff. There will be mandatory lights out and bed checks at 10:30 pm each evening. Campers will eat three meals a day at the Camp Tontozona Cafeteria. All activity sessions will be held on site at Camp Tontozona.

What do I need to bring?

Campers will need to bring the following items: workout clothes, running shoes, spikes, hat, sunscreen, sleeping bag and/or sheets and blankets, pillow, fan, alarm, and toiletries. Campers will be able to play and relax in Tonto Creek. Please bring appropriate water play clothes.

There is **NO cell phone coverage** at Camp Tontozona. We encourage campers to leave phones at home or check them in to staff for safekeeping.

We caution campers from bringing valuables to camp. Campers will be issued a lock for their valuables. KTSVC will not be responsible for lost or stolen items. We will have a camp store that will sell snacks, drinks, clothing, and pole vault related items. We suggest campers bring a small amount of cash for these items.

Campers can fish in Tonto Creek just walking distance from the fields. If you wish to fish, you will need to provide your own poles and have a valid and current fishing license with trout stamp.

Kiss the Sky Camps will provide a limited amount of poles for campers to use; however if you can bring your own poles it would be advantageous.

Where do I check-in?

Check-in will be held at the Camp Tontozona Dormitories from Noon to 3:00 p.m. All remaining balances will be due at check-in. In addition we will have clothing, videos, and vault related items for sale at this time.

Thursday Competition

Parents, family, coaches, and fans are all welcome and encouraged to come watch all campers as they compete in a relaxed environment at our final session. All campers will put together the skills learned throughout the week as they jump at bungee crossbars. A snack bar will be set up so families can enjoy lunch as they watch. Burgers/Dogs/Sodas/Chips will all be available for sale.

jump@skyathletics.com

602 821-3771

www.skyathletics.com

Summer Camp Schedule

May 15	Deposits Due (\$200.00)	
June 13	Noon - 3:00pm 4:00pm 5:00 - 6:00pm 6:30 - 8:00pm 7:30am	Check-in @ Dorms Orientation Session one Dinner Wake up
June 14 - 16	8:00 - 9:00am 9:30 - 12:30pm Noon - 2:30pm 3:30 - 6:30pm 5:00 - 7:00pm 7:00 - 8:00pm 8:00 - 10:00pm 10:30pm	Breakfast Morning Training Lunch / Break Afternoon Training Dinner / Break Evening Session Evening free time Lights out
June 17	7:30 a.m. 8:00 - 9:00am 9:30am - Noon Noon	Wake up Breakfast / Pack Competitions Check out



Philosophy Statement

We are at a time in the history of the Pole Vault where the event is facing both great opportunity and great scrutiny. With the inclusion of women to the event, pole vaulting is enjoying a new wave of popularity and exposure. At the same time, rising costs of equipment and growing concerns for liability have made administrators and schools nervous.

Our camps are part of an effort to help promote vaulting in a way that allows for safety and success to go hand in hand. By following our learning progressions, all vaulters can improve at their own comfort level. Emphasis is on learning the basics of the event before tackling the more advanced concepts.

As in all athletic events, there is no one correct way to achieve success. Our methodology has been used for years by the Kiss the Sky staff as well as other successful vault coaches. These methods are proven to properly and safely develop the young vaulter.

Keep in mind that there are always different approaches to the same idea. Our methods, with specific consideration to individuality, can serve as a guide to both athletes and coaches.

It is important as fans and participants of this spectacular event that we communicate, ask questions, and work together in order to make it safe and fun for everyone. One of our goals is to give administrators and schools the confidence that vaulters are learning and training in a safe, exciting environment. The pole vault has a rich and colorful history. Through our club and others like it, we look for it to have an exciting future.

Kiss the Sky,

Greg Hull
Todd Lehman
Mark Hilliker